

Kingfisher Canoe Club Covid19 Risk Assessment - Updated



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This risk assessment for Covid-19 follows British Canoeing advice for English clubs and reflects English Government guidelines.

Regular reviewing of this risk assessment is required where there are changes in Government guidelines, Governing body (BC) guidelines or a change in the local Tier status.

This Risk Assessment should be available to all via the club website. The information should be communicated to all so they know where to find it. All paddlers attend club sessions at their own risk and are required to have read and agreed to the terms within this risk assessment.

Current Government guidelines.

Oxfordshire is currently (as of 2nd December 2020) designated as **Tier 2**.

The guidance issued is aligned with the government's Covid-19 winter plan and the return to the three tier system in England.

The Covid-19 winter plan includes:

Tier 1/Tier 2/Tier 3 Guidelines

Recreational paddling is permitted, on your own, with the people you live with, your support bubble and **up to a maximum of six people** from different households. 'Recreational paddling' is classed as an 'informal activity' which is not organised formally by a qualified instructor, in a club setting, a centre, hire provider, or charity.

Organised and structured outdoor sporting activity and events can take place outdoors, **organised by clubs**, centres and hire providers which have conducted a COVID-19 risk assessment to reduce the risk of transmission through their facility. All activity should be consistent with the government guidance regarding health, social distancing and hygiene.

Tier 3 Modifications to high-risk contact activities should be made in Tier 3 areas (clubs may choose to limit / restrict inter-tier club paddling).

Coaching, leading and personal training activities in an outdoor setting. Coaching and leading can take place in groups in a public outdoor space. COVID-secure guidance should be followed. Coaching of under 18s and adults at risk on a 1:1 basis should be avoided.

Travel for sport, exercise and personal training. Where possible paddle locally and reduce the number of journeys made.

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments / review date
Covid-19 transmission via breathing in virus particles	All	<p>Only meet outdoors. Maintain Social distancing. Recommend 2 metres apart where possible, minimum 1 metre.</p> <p>Car Park: Ensure that people maintain social distancing when exiting cars.</p> <p>Picking up Equipment: Session leader to ensure that minimum numbers of people access the trailers. Use of tape / markers to provide segregation if applicable.</p> <p>Getting on/off the water: Paddlers to maintain social distancing and give others time to get on/off the water.</p> <p>Paddling: Only paddle well within your ability. You must be able to self rescue. Avoid activities that may cause capsize unless you have a solid roll. No beginners allowed to paddle.</p> <p>Shuttles: Shuttles that involve mixed bubbles / households to be avoided if possible. If essential and for a short distance, all in the vehicle should wear masks, windows should be at least partly open if possible and if practical those not in the bubble / household of the driver should sit in the back.</p>	<p>Face masks can be worn if individuals wish to reduce risk further.</p> <p>In an emergency, rescues should be performed quickly and with as little person to person contact as possible.</p>	

<p>Covid-19 transmission via hands/ingestion.</p>	<p>All</p>	<p>Maintain good hygiene. Hand sanitiser to be available. Members are reminded to use sanitisers before and after paddling and encouraged to bring their own. Also reminded to catch coughs and sneezes and to avoid touching your face, eyes, nose or mouth with unclean hands.</p> <p>Equipment: Individuals should use their own equipment wherever possible and not share.</p> <p>Use of Club Equipment: Sets of equipment have been lent to individuals for their sole use (which they take home with them). Where equipment is required from the Club trailers, session leaders are to ensure that there is at least 72 hrs between anyone using or accessing the trailers. Equipment should only be taken for designated club events (e.g. Sundays in the winter).</p> <p>Food. Individuals should not share food (except with family or bubble members).</p>		
<p>Person confirmed as having Covid-19</p>	<p>All</p>	<p>Session leader to keep a record of everyone attending sessions for at least 21 days in case of need for Track and Trace</p> <p>QR codes to be available for use by Track and Trace app.</p>		